



# 2019 SPRING PROGRAM

All Ages, All Interests, All Year

pre-school | elementary | middle school | high school | adults



New Performing Arts,  
Culinary, and  
Health & Wellness  
classes for all ages  
on pages 18-23!

***Providing lifelong learning opportunities,  
strengthening community partnerships, and facilitating  
access to resources and the delivery of services.***

## REGISTRATION, ADDITIONAL FEES, POLICY AND PROCEDURE INFORMATION

The complete list of Fall ECS Enrichment Programs are open for enrollment. There is a class minimum and maximum for each Enrichment class. Some fill quickly and others may cancel due to the minimum number of students required is not met. We encourage you to register as soon as possible to ensure placement in your first choice of classes. **Please register two business days prior to the start date of class/camp.**

### ONLINE REGISTRATION

Eleyo is our online registration and billing system as well as the below items:

- Register for Kid's Club
- Register for Enrichment programs
- Register for Preschool
- Check account balances
- Make a payment using your credit card (Visa, MasterCard or Discover)
- Sign up for automated payments
- Print receipts and child care tax statements
- Request a schedule change to a child care account
- Register for Night Owls and school break camps

It is mandatory to set up a profile in this system. Find instructions for profile setup at [www.ecsforall.org/register](http://www.ecsforall.org/register). Please start by creating a profile for yourself (parent or guardian) and then add all household members in anticipation of future registrations within the system. When completing (or editing) a profile, under "Helpful Info/Special Needs" section, please include information regarding allergies, medical concerns or any other special needs. It is important to us that our programs are a positive experience. (Note: ECS does not have access to school health records, IEP, 504 plans, etc.) Then, return to your dashboard and continue to explore courses. Once a registration is complete, you will receive a confirmation of enrollment by email. All Kid's Club and Preschool registrations and payments are pending until the ECS Office has received the required emergency form and shot records. Explore our online registration by visiting <https://cavecreek.ce.eleyo.com>. (Chrome and Firefox are the preferred browsers.) If you do not have a computer at home, the ECS Office has a computer station for public use.

### PAYMENT

Accepted forms of electronic payments are credit or debit card (Visa, MasterCard and Discover) and ACH checking or savings accounts. An ACH payment is an electronic checking or savings account payment. When checking out, a user enters the bank routing and account numbers. Credit card payments are authorized or declined immediately. ACH payment confirmations must go through the individual user's bank for confirmation of available funds. The United States Federal Reserve rule is that a bank has up to seven (7) days to return an error, such as insufficient funds. American Express is NOT accepted. We **do not accept cash** payments. Without full payment, your child's registration is not confirmed. When registration and a payment is complete, you will receive a receipt of payment by email. If you do not receive a payment receipt, please contact our ECS Office at 480-575-2440 on the next business day.

### ADDITIONAL FEES

The ECS Enrichment Program will assess the following fees when necessary:

- Returned Check Fee: \$25
- Late Pick-up Fee will be \$2/minute late pick-up fee incurred

### CANCELATION/REFUND POLICY

Students will receive a full refund only if ECS cancels a class. All classes are subject to cancellation in the event of low enrollment. If a parent cancels a registration before the first day of class, a full refund will be issued or the money can be applied to another ECS program if the fee is the exact amount. If a refund is requested, the funds will be reapplied to the credit card used for payment or returned to the ACH checking or savings account used for payment. If a student violates a disciplinary code that results in expulsion from any ECS program, no refund will be issued.

### SCHEDULE CONFIRMATION

You can find your confirmed schedule by logging into your Eleyo account. Eleyo will send out an automatic confirmation by email approximately two days prior to the start date. The ECS Office will send notifications if a class/camp is canceled at least 24 hours in advance of start date, earlier when possible. If a class is canceled, we will contact you regarding a refund or an alternate course arrangement.

### CLASS DETAILS

Please see course descriptions for dates, times, grade/age levels, fees and locations throughout this catalog or online at <https://cavecreek.ce.eleyo.com>. Room numbers corresponding with class titles will be included on your course confirmation sent approximately two days before the class begins. As they are available, you can find them on your Eleyo account information.

### ECS PROGRAM LOCATIONS

Most classes and programs will include the following campus locations:

#### Black Mountain Elementary School

33606 North 60th Street, Scottsdale 85266

#### Desert Sun Academy

27880 North 64th Street, Scottsdale 85262

#### Desert Willow Elementary School

4322 E. Desert Willow Pkwy., Cave Creek 85331

#### Horseshoe Trails Elementary School

5405 East Pinnacle Vista Drive, Phoenix 85085

#### Lone Mountain Elementary School

5250 East Montgomery Road, Cave Creek AZ 85331

#### Cactus Shadows High School

5802 East Dove Valley Road, Scottsdale 85266

#### Sonoran Trails Middle School

5555 East Pinnacle Vista, Phoenix 85085

#### Cactus Shadows Fine Arts Center

5802 East Dove Valley Road, Scottsdale 85266

#### ECS Office/District Office Campus

33016 N. 60th Street, Scottsdale 85266

Hours: M-F, 7:30AM-4:00PM

### FINANCIAL ASSISTANCE AND PAYMENT PLANS

There are a limited number of full and partial financial aid funds available for Child's Play Preschool and Kid's Club. There are also scholarships available on selected academic enrichment classes, specified in the online description. You must submit your application to the ECS Office. Payment plans are also available. Please call 480-575-2071 for more information on financial aid or payment plans.

### RULES AND GUIDELINES

Appropriate discipline is essential to learning. Mutual respect for the rights and property of others and respect for those in authority is expected at all times. Students should follow the same behavior guidelines and behavior expectations as they would during the school year.

Please review the following rules and guidelines:

- Students using private transportation may not be on campus more than 10 minutes before or after school hours.
- Students are not to bring guests on campus. Dogs and/or other animals are not permitted.
- Running, pushing, shoving, and/or other inappropriate behaviors are not permitted.
- Spinners or personal electronic devices are not allowed during class.
- No student may leave the campus, other than at the designated dismissal time, without permission from the ECS Fall Program Supervisor.
- No student may leave the campus with a person with whom he/she has not listed as an authorized pick-up person on the Student Registration form.
- The ECS Spring Program Supervisor reserves the right to suspend or expel students from the program.

### STUDENT DISMISSAL/PICKUP

When registering a student for afternoon Enrichment at an elementary site, you will be asked to indicate whether your student will be signed into Kid's Club or brought to Parent Pickup. For Parent Pickup, please pick up your child PROMPTLY at the end-time of his/her class. Instructors will first check in their Kid's Club students and then escort the remaining students to the Parent Pickup area adjacent to the school's Kid's Club exit. Parents of non-Kid's Club student may not enter the schools through the Kid's Club entrance but must wait outside for the instructor and the students. If picking up early, please check in through the school office before 4:00 p.m. If you are running more than 5 minutes late, your child will be brought to the Kid's Club and a late fee charge of \$2 per minute, beginning at the recorded end time of the class, will be applied to your account.

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## Welcome to Spring 2019!

With 30+ years of summer programming experience, the Cave Creek Unified School District's Education & Community Service Department provides quality, affordable courses, workshops and camps that meet student needs and interests. ECS classes are taught by quality, community vendors or district teachers selected for their rigorous and creative instruction. *Enhance your days with fun activities, learning and growing. Class sizes are limited. Register early!*



## Education & Community Services

**Education | Enrichment | Prevention**

**All Interests. All Ages. All Year.**

The ECS Office is located at the District Office Campus

Physical address: 33016 N. 60th Street, Scottsdale, AZ 85266 • ECS Mailing Address: P.O. Box 426, Cave Creek, AZ 85327

Phone: 480-575-2440 Fax: 480-575-2590 • Email: [ecssupport@ccusd93.org](mailto:ecssupport@ccusd93.org) • [www.ecsforall.org](http://www.ecsforall.org)

Preschool: Jenny Stahl, [jstahl@ccusd93.org](mailto:jstahl@ccusd93.org) • Kid's Club: Heather Turner, [hturner@ccusd93.org](mailto:hturner@ccusd93.org)

Enrichment: Elaine Vallario, [evallario@ccusd93.org](mailto:evallario@ccusd93.org) • ECS Director: Gina Durbin, [gdurbin@ccusd93.org](mailto:gdurbin@ccusd93.org)

***ECS Vision: To unite the school and community by providing lifelong learning opportunities, strengthening community partnerships, and facilitating access to resources and the delivery of services.***

*CCUSD is an equal educational opportunity district. A student will not be discriminated against because of race, color, religion, sex, age, national origin, and disability or any other reason not related to the student's individual capabilities.*

*Please Note: All classes and fees are subject to Governing Board approval.*



## Join Our S.O.S. Giving (Save One Student)

Dear Community Families,

For 25+ years, donations to Education & Community Services (ECS) have gone towards providing scholarships to students who have a financial need to cover child care before and after school (including summer care programs) or summer academic programs. Partial and full scholarships are given on an as needed basis. In the past few years, our scholarship sources for families in need have become limited and we need your help. Any size donation is welcome. Our ability to support families in need is an important part of how we serve our community. To make donating easy, we have created a portal in our online Eleyo system with choices of a variety of donation amounts. Please visit [www.cavecreek.ce.eleyo.com](http://www.cavecreek.ce.eleyo.com) and search "Donation" to find the S.O.S. Giving course. Please contact ECS if your donation amount is not reflected on the given choices at 480-575-2440.

Thank you for your partnership in providing needed child care in our Kid's Club program and academic opportunities in our summer program for our community. For more information about Education & Community Services, please visit [www.ecsforall.org](http://www.ecsforall.org).



Education, Enrichment, Prevention, All ages, All Interests, All Year





## ECS Financial Scholarships Thanks to Our Community Partners

Education & Community Services (ECS) have year round scholarships that are available for our Preschool Programs, Before and After Care Programs, and Academic Enrichment Programs (i.e. Ramp Up Reading, STEAM, World Language).

These financial scholarships are made possible by generous donations from our local Kiwanis, Sonoran Arts League, and the Foothills Community Foundation.

For more information, please contact our ECS office 480-575-2061.



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## CREATING A BETTER TOMORROW



**IMPROVING OUR  
COMMUNITY'S HEALTH  
& WELL-BEING**



**NURTURING THE  
POTENTIAL OF  
EVERY CHILD**



**GIVING EVERYONE THE  
OPPORTUNITY TO  
LEARN, GROW & THRIVE**

### DESERT FOOTHILLS FAMILY YMCA

34250 N. 60th Street, Scottsdale, AZ 85266 • [valleyYMCA.org/donatedffy](http://valleyYMCA.org/donatedffy) • 480.596.9622  
Not for Profit. For Purpose. The Valley of the Sun YMCA 501(c)(3) Nonprofit Organization.

# Child's Play Preschool

Serving the Community Since 1988

- Part-time & Full-time School Year and Summer
- Low Teacher to Child Ratio (1:10)
- Curriculum and Assessments Aligned with Arizona Department of Education Early Learning Standards
- Kindermusik, Character Counts, STEM, Frog Street Sing and Read, Sanford Harmony, Get Ready to Read, and Love and Logic®
- Open to non-CCUSD families



## 2019-2020 Preschool Registration Information\*

- Desert Willow Spanish Immersion

Preschool Lottery Meeting

Thursday, January 17, 2019

@ 4:15pm in the DW computer lab

- Black Mountain, Desert Sun, Horseshoe Trails, Lone Mountain

Open Registration Dates:

Returning Families, February 11 & 12

New Families, February 14 & 15

\*For more information, visit [ecsforall.org/preschool](http://ecsforall.org/preschool)

## 5 Convenient Preschool Locations

### Preschool Programs Include\*:

- Core Preschool Sequence Guidelines
- World Language Programs - Spanish, Chinese and French
- Spanish Immersion
- STEM Curriculum
- Before and After Care Available through Kid's Club

\*Programs vary at each site. Visit [ecsforall.org](http://ecsforall.org) for more information.



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**Our goal at Child's Play Preschool is to prepare your children for the rigor of Kindergarten instruction.** We have multi-age programs for ages 3-5. A variety of developmentally appropriate activities and materials are designed to emphasize emotional, social, physical, and cognitive growth through hands-on learning. Individual pace and learning styles are embraced in order to meet the needs of the whole child. For more information, call the ECS Office at 480-575-2440 or visit [www.ecsforall.org](http://www.ecsforall.org). Follow us on Facebook for fun updates at [www.facebook.com/cavecreekecs](http://www.facebook.com/cavecreekecs).

# Night Owls

Kid's Club Parents' Night Out!

Spring 2019

Easy Online Registration—

Fun Themes!

January 11-Let's Luau

January 25-80's Dance Party

(HTES only)

February 8-All Things Minions

March 15-Drive Inn Movie

April 12-Baseball Fever

April 27-Painting in your PJ's

(BMES only)



Your kids will have a fun, safe place to hang out with friends while the adults have a chance for some time alone or with friends.

**Dinner, snacks, activities, crafts & games included!**

Night Owl is offered at all 5 elementary school locations in the Cave Creek Unified School District.

The Program runs for 6:15 pm-9:15 pm

Please call 480-575-2440 for more information.

# Schools and Programs...at a Glance!

Black Mountain	Day	Start	Page
Dancing Sun Yoga	Mon	1/28 3/18	11
Kids Who Cook	Tue	1/22 3/12	13
Trendy Crafts	Wed	2/13	15
AIT-Basketball	Wed	2/6	10
AIT-Volleyball	Wed	4/10	10
Chess Emporium	Thur	1/24	11
Lacrosse FUNdamentals	Thur	1/31	14
Spring Break Drama Camp	M-F	3/25	19

Horseshoe Trails	Day	Start	Page
Golf's Elementary (AM)	Mon	2/4	13
Lacrosse FUNdamental	Mon	1/28	14
Chess Emporium (AM)	Tue	1/22	11
DFT-Imagination Nation (Acting)	Tue	1/29	11 / 18
Young Rembrandts	Wed	2/6 3/20	16
Sportsball (Preschool)	Wed	2/6 3/20	9
AIT-Basketball	Thur	1/31	10
AIT-Volleyball	Thur	4/4	10
Trendy Crafts	Thur	2/7	15

District Office	Day	Start	Page
Wee Ones	Wed	2/6 3/20	9
Full Spectrum Performing Arts	Sat	2/2	19
Filmmaking	Sat	4/6	18
Big Top Clowning	Sat	1/30	19
Yoga, Adults	Thur	1/31 4/4	22
Qigong Tai Chi	Tue	2/5 4/2	22
Meditation	Mon	2/25 4/8	23
Focused Family	M/T	2/12 2/25	21

Desert Sun	Day	Start	Page
ACTIVSTARS Cheerleading	Mon	1/28	10
AIT-Basketball	Mon	1/28	10
AIT-Volleyball	Mon	4/1	10
Kids Who Cook	Mon	1/28 4/1	13
Morning French	M/W	2/4	14
Morning French	T/TH	2/5	14
Dancing Sun Yoga	Tue	1/22 3/12	11
ACTIVSTARS Karate	Tue	1/29	10
Chess Emporium (AM)	Tue	1/22	11
Young Rembrandts	Tue	2/5 4/2	16
DFT-Imagination Nation (Acting)	Wed	2/6	11 / 18
Lacrosse FUNdamentals	Fri	1/25	14

Lone Mountain	Day	Start	Page
Young Rembrandts	Mon	2/4 4/1	16
Ramp Up Reading	M/W	2/6	14
Chess Emporium (AM)	Tue	1/22	11
ECS Gymnastics	Tue	1/22	12
ACTIVSTARS Karate	Wed	1/30	10
Golf's Elementary (AM)	Wed	2/6	13
Lacrosse FUNdamentals	Wed	2/6	14
Kids Who Cook	Wed	3/13	13
DFT-Imagination Nation (Acting)	Thur	1/31	11 / 18
ECS Gymnastics	Thur	1/24	12

Desert Willow	Day	Start	Page
Silly Science	Mon	2/4 4/8	8 / 15
Mindfulness & Art	M/W	1/28	14
Chess Emporium (AM)	Tue	1/22	11
Recycled Art	Tue	1/22 3/5	8 / 15
Lacrosse FUNdamental	Tue	1/29	14
Dancing Sun Yoga	Wed	1/23 3/13	11
Kids Who Cook	Thur	1/24 3/7	13
PreK Young Rembrandts	Wed	2/6 3/20	9
Young Rembrandts	Thur	2/7 4/4	16
DFT-Imagination Nation (Acting)	Fri	2/1	11 / 18

Sonoran Trails	Day	Start	Page
Tenth Hour - Grades 7-8	T/TH	2/5	17

Cactus Shadows	Day	Start	Page
Kids On Track	Sun	2/24	13
ACT Test Prep	M/T	4/1	17
SAT Test Prep	W/TH	2/13	17
Driver's Permit Test Prep	Mon	2/4 4/22	17
Self Defense	Mon	2/4	23
Chocolate Making	Sat	3/13	20
Cutlery Skills	Sat	4/6	20
Unified Culinary	Sat	1/19, 2/16, 4/27	20

ECS	Day	Start	Page
ABC's of Sport	Mon	2/4 4/1	8

## Preschool Classes



**RECYCLED ART** This class gives students the opportunity to stretch their imaginations and create things with their hands. They become resourceful as they use recycled objects to create an inventive piece of art. Each week, the instructor introduces a new, creative theme for the students to follow. Project themes could vary from robots to garden art, as recycled objects become treasures! Families are welcome to donate safe, clean recycled objects from home. Instructor: Miriam Pissas. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

Location	Grade	Day	Dates	Time	Class	Fee
<b>Session 1</b>						
Desert Willow	PreK-3	Tue	1/22-2/12	3:35-4:35PM	4 weeks	\$57
<b>Session 2</b>						
Desert Willow	PreK-3	Tue	3/5-4/2	3:35-4:35PM	4 weeks	\$57
No classes on these dates - 3/26						



### SILLY SCIENCE

**Session 1: Ooey Gooley Slippery Slime** - The science of making slime creates such fun! Students will explore a new slime adventure every week. Some will sparkle and shine, some will be puffy and fluffy, but all of them will provide ooey and gooey learning experiences that make kids laugh! Please have your child wear clothes that can get dirty or pack a big shirt to wear over their clothes. Being a scientist can be a messy job! Instructor: **Brandi Aaronson**. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

**Session 2: Little Einstein Artists** - Awesome science experiments can turn into beautiful pieces of art ready to frame! A rainbow of colors and textures galore will come together in surprising ways. Students not only will have a masterpiece to bring home each week but will also learn fun science facts along the way! Please have your child wear clothes that can get dirty or pack a big shirt to wear over their clothes. Being a scientist AND an artist can be a messy job! Instructor: **Brandi Aaronson**. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

Location	Grade	Day	Dates	Time	Class	Fee
<b>Session 1</b>						
Desert Willow	PreK-2	Mon	2/4-3/18	3:35-4:35PM	6 weeks	\$83
<b>Session 2</b>						
Desert Willow	PreK-2	Mon	4/8-5/13	3:35-4:35PM	6 weeks	\$83
No classes on these dates - 2/18						



**SPORTBALL ABC'S OF SPORT** This parent participation program helps young children refine their motor skills, such as balance and coordination, as well as develop their social skills such as confidence, following instructions, turn-taking and sharing. Coaches introduce a different sport each class using developmentally appropriate games and activities. Sports include: Soccer, Basketball, T-Ball, Football, Golf, Hockey, Tennis and Volleyball. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

Location	Ages	Day	Dates	Time	Class	Fee
<b>Session 1</b>						
District Office	Ages 2-3	Mon	2/4-3/18	10:00-10:45AM	6 weeks	\$95
<b>Session 2</b>						
District Office	Ages 2-3	Mon	4/1-5/6	10:00-10:45AM	6 weeks	\$95
*No classes on these dates (no-school or early release dates) - 2/18						





**SPORTBALL MULTI-SPORT** Refine, rehearse, and repeat. Multi-Sport classes are the heart of Sportball programming. Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. Each class focuses on one of eight different popular sports: hockey, soccer, football, baseball, golf, tennis, basketball & volleyball. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).



Location	Ages	Day	Dates	Time	Class	Fee
<b>Session 1</b>						
Horseshoe Trails	Ages 3-5	Wed	2/6-3/13	3:15-4:00PM	6 weeks	\$95
<b>Session 2</b>						
Horseshoe Trails	Ages 3-5	Wed	3/20-5/15	3:15-4:00PM	6 weeks	\$95
*No classes on these dates (no-school or early release dates) - 3/27, 4/3, 5/1						



**WEE ONE WEDNESDAY (WOW)** Child's Play Preschool is happy to announce a new Mom or Dad's Day out Toddler class. Parents can enjoy a little time for themselves while their children have an opportunity to make new friends and explore their world in a safe and loving environment. Each class has fun, themed story time activities and crafts. Other themes include shapes, colors, rockets and butterflies. The program will also include snack, free play and outdoor time. Your children can come play with us while you have free time for yourself. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

Location	Ages	Day	Dates	Time	Class	Fee
<b>Session 1</b>						
District Office	Toddler	Wed	2/6-3/13	9:30-11:30AM	6 weeks	\$125
<b>Session 2</b>						
District Office	Toddler	Wed	3/20-5/15	9:30-11:30AM	6 weeks	\$125
No classes on these dates - 3/27, 4/3, 5/1						



Young Rembrandts

**YOUNG REMBRANDTS** for Preschool students helps develop fine motor skills, time on task and other kindergarten readiness skills. A fun way to learn! All new lessons are coming up this session in Young Rembrandts' PRESCHOOL classes. Inspire your child's imaginative spirit and bolster educational skills that will benefit them all year long. All materials provided. For more information about Young Rembrandts, please visit our website at [www.youngrembrandts.com](http://www.youngrembrandts.com) Contact information: (602) 955-DRAW. Instructor: Miriam Pissas. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

Location	Ages	Day	Dates	Time	Class	Fee
<b>Session 1</b>						
Desert Willow	Ages 4-5	Wed	2/6-3/13	3:15-4:00PM	6 weeks	\$77
<b>Session 2</b>						
Desert Willow	Ages 4-5	Wed	3/20-5/15	3:15-4:00PM	6 weeks	\$77
No classes on these dates - 3/27, 4/3, 5/1						



**ACTIVSTARS KARATE AND CHEERLEADING, AND NIGHT OWLS IS ALSO AVAILABLE FOR PRESCHOOL STUDENTS! PLEASE SEE PAGE 6 AND 10 FOR MORE INFORMATION.**

*Come Join Us for Night Owls -  
January 11, 25 • February 8 • March 15 • April 12, 27*

## Elementary Classes



**ACTIVSTARS KARATE, INC.** (Formerly known as Young Champions) is engaged in the instruction and training of Karate, self-defense, and safety awareness for the athletic-minded youth of Arizona, Colorado, Kansas, Nebraska, Iowa, Missouri, and North Carolina. Rory Hood founded Young Champions in 1984. His unique methods of teaching and operation have established the company as one of the leaders in this area of instruction. ACTIVSTARS Karate takes pride in offering the best possible quality youth oriented programs. They are consistently striving to provide the most qualified instructors for their classes. To register or find out more information about ACTIVSTARS karate, use this contact information: 480-603-3780 or [www.activstars.com](http://www.activstars.com).

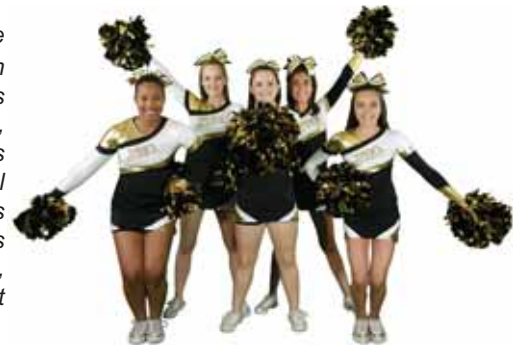


Location	Ages	Day	Dates*	Time**	Reg Fee	Class Fee
Desert Sun	4-15 years	Tue	1/29-5/14	6:15-9:00PM - 45 min	\$10	\$9
				6:15-9:00PM - 60 min	\$10	\$10
Lone Mountain	4-15 years	Wed	1/30-5/15	6:15-9:00PM - 45 min	\$10	\$9
				6:15-9:00PM - 60 min	\$10	\$10

\*No classes on these dates - 2/19, 3/26, 3/27 \*\*Students are assigned specific class times based on skill level.



**ACTIVSTARS CHEERLEADING** classes feature FUN and safety as students build skills preparing them for advanced team tryouts (Pro & Elite)! Open to girls and boys ages 4-15, students learn arm motions, chants, jumps, kicks, pom-dance/competition-cheer routines and age-appropriate stunts with opportunities to perform at dance clinics, showcases, and competitions up to national levels. Cheer practices are one night a week for 45 minutes (JV, ages 4-6 and Varsity, ages 7-9) or 60 minutes (Jr. All Star & Pro, ages 10-15). Students can earn medals and trophies each semester as they strengthen teamwork participation, physical fitness, self-confidence, and spirit! To register or find out more information about ACTIVSTARS, use this contact information: 480-603-3780 or [www.activstars.com](http://www.activstars.com).



Location	Ages	Day	Dates*	Time**	Reg Fee	Class Fee
Desert Sun	4-15 years	Mon	1/28-5/20	6:15-9:00PM - 45 min	\$10	\$9
				6:15-9:00PM - 60 min	\$10	\$10

\*No classes on these dates - 2/18, 3/25 \*\*Students are assigned specific class times based on skill level.



**ATHLETES IN TRAINING** offers on-campus sports all year long! Children have the opportunity to play sports on their school campus in a non-intimidating, fun environment. AIT offers a new sport each session. The children play on teams and learn about sportsmanship, teamwork, and cooperation, along with the fundamentals of the game. **Session 1:** Athletes will learn basketball skills, practice, and scrimmage each week, right after school and right on campus! **Session 2:** Volleyball season is full of learning skills, scrimmages and fun! All equipment and a game jersey provided. Let's play! All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

Location	Grade	Day	Dates	Time	Class	Fee
<b>Session 1 - Basketball</b>						
Desert Sun	K-6	Mon	1/28-3/18	3:35-4:35PM	7 weeks	\$107
Black Mountain	K-6	Wed	2/6-3/20	3:35-4:35PM	7 weeks	\$107
Horseshoe Trails	K-6	Thur	1/31-3/14	3:35-4:35PM	7 weeks	\$107
<b>Session 2 - Volleyball</b>						
Desert Sun	K-6	Mon	4/1-5/6	3:35-4:35PM	6 weeks	\$92
Black Mountain	K-6	Wed	4/10-5/8	3:35-4:35PM	4 weeks	\$63
Horseshoe Trails	K-6	Thur	4/4-5/9	3:35-4:35PM	6 weeks	\$92

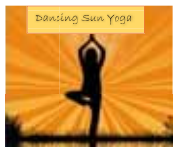
No classes on these dates - 2/18, 5/1



**CHESS EMPORIUM** Scholastic Program offers youngsters a chance to learn about chess. Many of our students have gone on to rank in the top 50 nationally! Studies by major corporations and universities have shown that chess can help students increase their math and verbal skills, as well as their creative and critical thinking skills. Come join the club! Students learn quickly. Beginners are welcome. To learn more about Chess Emporium, visit [www.chessemporium.com](http://www.chessemporium.com) or call (602) 482-4867. All registrations go through the ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

Location	Grade	Day	Dates	Time	Class	Fee
Black Mountain	K-6	Thur	1/24-5/9	3:35-4:35PM	14 weeks	\$224
Desert Sun	K-6	Tue	1/22-5/7	7:55-8:55AM	14 weeks	\$224
Desert Willow	K-6	Tue	1/22-5/7	7:55-8:55AM	14 weeks	\$224
Horseshoe Trails	K-6	Tue	1/22-5/7	7:55-8:55AM	14 weeks	\$224
Lone Mountain	K-6	Tue	1/22-5/7	7:55-8:55AM	14 weeks	\$224

No classes on these dates - 2/19, 3/21, 3/26, 3/28



**DANCING SUN YOGA** Enriching the lives of youth through yoga inspired movement and meditation. Children are natural yogis because of their "live in the moment" attitude and ability to embrace the present. Dancing Sun Yoga helps students improve their focus, concentration, and stress management while having fun and increasing their physical fitness. Incorporating the body, mind, and breath, students will improve their balance, flexibility, and overall well-being. Dancing Sun classes are interactive and engaging, and students are continuously moving and challenging their bodies and mind. Students are required to bring their own Yoga mats. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).



Location	Grade	Day	Dates	Time	Class	Fee
<b>Session 1</b>						
Black Mountain	K-6	Mon	1/28-3/11	3:35-4:35PM	6	\$103
Desert Sun	K-6	Tues	1/22-3/5	3:35-4:35PM	6	\$103
Desert Willow	K-6	Wed	1/23-3/6	3:35-4:35PM	6	\$103
<b>Session 2</b>						
Black Mountain	K-6	Mon	3/18-4/29	3:35-4:35PM	6	\$103
Desert Willow	K-6	Tues	3/12-4/23	3:35-4:35PM	6	\$103
Black Mountain	K-6	Wed	3/13-5/8	3:35-4:35PM	6	\$103

No classes on these dates - 1/30, 2/18, 2/19, 3/25, 3/26, 3/27, 4/3, 5/1



**IMAGINATION NATION (BEGINNER ACTING CLASS)** The Imagination Nation™ is a student-led, teacher-guided, project-based performing arts learning opportunity for all students in grades K-3. It is perfect for beginners to build their theatrical skill-set and experienced young performers to hone their emerging talents as well. Through theater games, interactive storytelling and imaginative, cooperative roleplaying, students will increase their vocabulary, build interactive social skills (cooperation, self-confidence, public speaking) and have fun, all while creating a short showcase presentation to perform for parents, family and friends at the end of the last scheduled class. For more information on Desert Foothills Theater (DFT) please visit [www.dfttheater.org](http://www.dfttheater.org) or contact Tia Wooley at 480-488-1981 or [Tia@azfcf.org](mailto:Tia@azfcf.org). Instructor: Cedric Knuth. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

Location	Grade	Day	Dates	Time	Class	Fee
Horseshoe Trails	K-3	Tue	1/29-4/16	3:35-4:35PM	10 weeks	\$130
Desert Sun	K-3	Wed	2/6-4/24	3:35-4:35PM	10 weeks	\$130
Lone Mountain	K-3	Thu	1/31-4/18	3:35-4:35PM	10 weeks	\$130
Desert Willow	K-3	Fri	2/1-4/26	3:35-4:35PM	10 weeks	\$130

No classes on these dates - 2/19, 3/21, 3/22, 3/26, 3/27, 3/28, 3/29, 4/3, 4/19

See the full line-up of Desert Foothills Theater classes on pages 18-19!





**ECS Gymnastics** is complete with uneven bars, tumbling mats, balance beams, springboards and much more! We pride ourselves on providing a safe environment while building the self-esteem, confidence and a progression in skill level of our students. All of our staff believe in safety being the first and foremost priority every day. ECS uses grade levels as an approximate guideline to place students; however, the instructor will place or may move a child to a different level based on his or her skill ability. We strive for the best fit and experience for your child. Returning students, please register for the level you were in the previous session. Students already enrolled in a session, receive priority registration notices for the next session but spots are not held without a confirmed enrollment. Registration is open to new students as space is available. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).



All ECS Gymnastics Classes are held at Lone Mountain Elementary School.

**ECS Gymnastics - Beginners**

Location	Grade	Day	Dates	Time	Class	Fee
<b>Session 3</b>						
Beginner	PreK - K	Tue	1/22-3/12	4:00-4:45PM	7 weeks	\$89
Blended Beginner	K-3	Thu	1/24-3/7	3:45-4:45PM	7 weeks	\$117
<b>Session 4</b>						
Beginner	PreK - K	Tue	3/19-5/14	4:00-4:45PM	8 weeks	\$101
Blended Beginner	K-3	Thu	3/14-5/16	3:45-4:45PM	8 weeks	\$133
No classes on these dates - 3/12, 3/21, 3/26, 3/28						



**ECS Gymnastics - Advanced Beginner/ Beginner Intermediate**

Location	Grade	Day	Dates	Time	Class	Fee
<b>Session 3</b>						
Intermediate Beginner	2-4	Tue	1/22-3/12	5:00-6:00PM	7 weeks	\$117
Advanced Beginner	1-3	Tue	1/22-3/12	3:45-4:45PM	7 weeks	\$117
Intermediate	3-6	Thu	1/24-3/7	5:00-6:00PM	7 weeks	\$117
<b>Session 4</b>						
Intermediate Beginner	2-4	Tue	3/19-5/14	5:00-6:00PM	8 weeks	\$133
Advanced Beginner	1-3	Tue	3/19-5/14	3:45-4:45PM	8 weeks	\$133
Intermediate	3-6	Thu	3/14-5/16	5:00-6:00PM	8 weeks	\$133
No classes on these dates - 2/19, 3/21, 3/26, 3/28						





**GOLF'S ELEMENTARY** teaches the basics of golf and how to establish and attain goals, be responsible and be honest. Our three level instruction curriculum of golf is integrated with other sport movements such as batting, tossing soccer balls, and underhand pitching. We also teach core building exercises which develop consistency, fitness and strength. Golf's Elementary provides all the equipment. Golf's Elementary contact information: (602) 350-5733 or [info@golfselementary.com](mailto:info@golfselementary.com). All registrations go through ECS. The link to online registration can be found at [www.ecsforall.org](http://www.ecsforall.org).



Location	Grade	Day	Dates	Time	Class	Fee
Horseshoe Trails	K-6	Mon	2/4-3/18	7:55-8:55AM	6 weeks	\$134
Lone Mountain	K-6	Wed	2/6-3/13	7:55-8:55AM	6 weeks	\$134
No classes on these dates - 2/18						



**KIDS WHO COOK** offers fun, hands-on cooking and food preparation classes for children grades K-5. Following kid approved and chef-inspired recipes, students will use healthy, plant-based, and locally sourced food to create their culinary masterpieces. Research shows that children who are engaged in preparing their own snacks and meals are more likely to try different food varieties and combinations, choose healthy alternatives, have an increased awareness of the nutrition in every day foods and learn the basics of food and snack preparation and sanitation. Each week students will follow a guided chef's presentation to make and eat their own snacks. All food and materials will be provided and students will receive a copy of the recipe to replicate at home. When possible, we use fresh, organic, and locally sourced food items. While many of our dishes are sugar free, gluten free, and nut free, there is a chance that all students may be exposed to any of these items during

class. Please contact Eden Peterson at [edenpeter@yahoo.com](mailto:edenpeter@yahoo.com) if you are interested in purchasing an apron for the class. All registrations go through ECS. The link to online registration can be found at [www.ecsforall.org](http://www.ecsforall.org).

Location	Grade	Day	Dates	Time	Class	Fee
<b>Session 1</b>						
Desert Sun	K-6	Mon	1/28-3/11	3:35-4:35PM	6 weeks	\$130
Black Mountain	K-6	Tue	1/22-3/5	3:35-4:35PM	6 weeks	\$130
Lone Mountain	K-6	Wed	1/23-3/6	3:35-4:35PM	6 weeks	\$130
Desert Willow	K-6	Thu	1/24-2/28	3:35-4:35PM	6 weeks	\$130
<b>Session 2</b>						
Desert Sun	K-6	Mon	4/1-5/6	3:35-4:35PM	6 weeks	\$130
Black Mountain	K-6	Tue	3/12-4/23	3:35-4:35PM	6 weeks	\$130
Lone Mountain	K-6	Wed	3/13-5/8	3:35-4:35PM	6 weeks	\$130
Desert Willow	K-6	Thu	3/7-4/25	3:35-4:35PM	6 weeks	\$130
No classes on these dates - 1/30, 2/18, 2/19, 3/21, 3/26, 3/27, 3/28, 4/3, 5/1						



**KIDS ON TRACK – YOUTH TRACK & FIELD** Young athletes are introduced to and participate in track and field events. Classes consist of weekly drills to improve running form, speed, coordination, agility, strength and endurance. Additionally, each week participants will experience a new track or field event. The course is not solely running-focused. Events include sprints, hurdles, long jump, discus and shot put. When necessary, events are modified to be age appropriate. The focus is to provide an encouraging environment with an emphasis on enjoying the physical challenge, and experiencing positive results. Instructor: Jessie Nelson. Instructor contact information is [jessiegladr@gmail.com](mailto:jessiegladr@gmail.com), or phone 602-717-1724. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

Location	Grade	Day	Dates	Time	Class	Fee
Cactus Shadows	K-6	Sun	2/24-5/5	3:30-4:45PM	10 weeks	\$140
No classes on these dates - 3/24, 4/21						



**LACROSSE FUNDAMENTAL** introduces students to the game of Lacrosse and the skills needed to succeed at the game. In each class, students will do skill drills to learn the proper way to pass and catch, cradle and pick up ground balls. Game play is also integrated into each class so students can learn the rules of the game and develop the discipline of teamwork. While this class will teach the fundamentals, it will also be fun, engaging and foster the love of the game. To find out more about Desert Foothills Athletic Club, visit [www.dfacsports.com](http://www.dfacsports.com). All registrations go through ECS. The link to online registration can be found at [www.ecsforall.org](http://www.ecsforall.org).

Location	Grade	Day	Dates	Time	Class	Fee
Horseshoe Trails	2-6	Mon	1/28-4/15	3:35-4:35PM	10 weeks	\$125
Desert Willow	2-6	Tues	1/29-4/16	3:35-4:35PM	10 weeks	\$125
Lone Mountain	2-6	Wed	2/6-4/24	3:35-4:35PM	10 weeks	\$125
Black Mountain	2-6	Thur	1/31-4/18	3:35-4:35PM	10 weeks	\$125
Desert Sun	2-6	Fri	1/25-4/12	3:35-4:35PM	10 weeks	\$125
No classes on these dates - 2/18, 2/19, 3/21, 3/22, 3/25, 3/26, 3/27, 3/28, 3/29, 4/3						



**MINDFULNESS & ART** Students learn mindfulness techniques as they express themselves through art. Creating art through Mindfulness helps students stretch their imaginations by finding stillness and inner calm. Students will use artistic materials to express their creativity. Mindfulness equips children with lifelong skills that increase focus, self-awareness, balanced breathing, coping skills and stress management. Instructor: Karla Vergopia. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org)

Location	Grade	Day	Dates	Time	Class	Fee
Desert Willow	K-3	Mon/Wed	1/28-5/8	3:40-4:25PM	21 classes	\$221
Desert Willow	K-3	Tue/Thur	1/29-5/9	3:40-4:25PM	26 classes	\$239
No classes on these dates - 1/30, 2/18, 3/25, 3/27, 4/3, 5/1						

**MORNING FRENCH ENRICHMENT** Students can begin their day with French! Two mornings a week, students will be engaged in French language instruction and learning activities. Students learn to read and retell stories in French, practice their listening and most importantly, their speaking skills. When this class is **NEW!** FULL, please click to enroll and the system will place you on a waitlist. There is no charge incurred to be placed on a waitlist. The purpose of the waitlist is to gauge the additional interested in the class. If there is enough interest, a second opportunity may open up this semester or next. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).



Location	Grade	Day	Dates	Time	Class	Fee
Desert Sun - Room 307	K-6	Mon/Wed	2/4-5/15	8:00-8:45AM	27 classes	\$221
Desert Sun - Room 203	K-6	Tue/Thur	2/5-5/16	8:00-8:45AM	27 classes	\$221
No classes on these dates - 2/18, 2/19, 3/25, 3/26, 3/27, 3/28						



**RAMP UP READING** classes provide a chance for students to ramp up their reading skills! The class provides instruction in vocabulary, root words and other language fundamentals that lay the foundation for reading and comprehension according to the grade level. The environment will be fun, interactive and center-based. The instructors are teachers from the campus the classes are taught in order to benefit from collaboration with each student's homeroom teacher. The objective of this class is to strengthen each student's reading skills, reading comprehension and vocabulary skills. Instructor: Andrea King. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

Location	Grade	Day	Dates	Time	Class	Fee
Lone Mountain	K-2	Mon/Wed	2/6-4/29	3:35-4:35PM	20 weeks	\$205
No classes on these dates - 2/18, 3/25, 3/27, 4/3						



**RECYCLED ART** This class gives students the opportunity to stretch their imaginations and create things with their hands. They become resourceful as they use recycled objects to create an inventive piece of art. Each week, the instructor introduces a new, creative theme for the students to follow. Project themes could vary from robots to garden art, as recycled objects become treasures! Families are welcome to donate safe, clean recycled objects from home. Instructor: Miriam Pissas. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

**NEW!**

Location	Grade	Day	Dates	Time	Class	Fee
<b>Session 1</b>						
Desert Willow	PreK-3	Tue	1/22-2/12	3:35-4:35PM	4 weeks	\$57
<b>Session 2</b>						
Desert Willow	PreK-3	Tue	3/5-4/2	3:35-4:35PM	4 weeks	\$57
No classes on these dates -						



### SILLY SCIENCE

**Session 1: Ooey Gooley Slippery Slime** - The science of making slime creates such fun! Students will explore a new slime adventure every week. Some will sparkle and shine, some will be puffy and fluffy, but all of them will provide ooey and gooey learning experiences that make kids laugh! Please have your child wear clothes that can get dirty or pack a big shirt to wear over their clothes. Being a scientist can be a messy job! **Instructor: Brandi Aaronson.** All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

**Session 2: Little Einstein Artists** - Awesome science experiments can turn into beautiful pieces of art ready to frame! A rainbow of colors and textures galore will come together in surprising ways. Students not only will have a masterpiece to bring home each week but will also learn fun science facts along the way! Please have your child wear clothes that can get dirty or pack a big shirt to wear over their clothes. Being a scientist AND an artist can be a messy job! **Instructor: Brandi Aaronson.** All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

Location	Grade	Day	Dates	Time	Class	Fee
<b>Session 1</b>						
Desert Willow	PreK-2	Mon	2/4-3/18	3:35-4:35PM	6 weeks	\$83
<b>Session 2</b>						
Desert Willow	PreK-2	Mon	4/8-5/13	3:35-4:35PM	6 weeks	\$83
No classes on these dates - 2/18						



**DECORATE YOUR SPACE** Join Trendy Crafts after school and make an exciting new craft project each week. Each semester with Trendy Crafts features a new theme and "Decorate Your

Space" is a perfect match for the transition into the new year. Projects include a mixed media canvas featuring your state, blinged out wish tin, our trendy tissue dot desk organizer, and so much more! All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

**NEW!**



Location	Grade	Day	Dates	Time	Classes	Fee
Black Mountain	K-6	Wed	2/13-4/17	3:35-4:35PM	8	\$180
Horseshoe Trails	K-6	Thur	2/7-4/11	3:35-4:35PM	8	\$180
No classes on these dates - 3/21, 3/27, 3/28, 4/3						



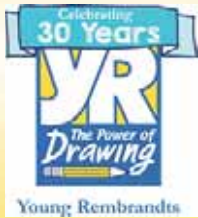


Young Rembrandts

**YOUNG REMBRANDTS'** mission is to encourage creativity, technique, and joy in the artistic process by offering a unique, step-by-step method that successfully teaches children how to draw. Students will focus on art techniques, as well as cartooning. This is a great class for beginning artists, for those who want to improve their drawing skills and for all who love to draw! While Young Rembrandts classes are structured and educational, children have fun producing drawings worthy of framing. Lessons from previous years are not repeated. New and returning students are welcome. All materials provided. For more information about Young Rembrandts, please visit our website at [www.youngrembrandts.com](http://www.youngrembrandts.com) or call (602) 955-DRAW. All registrations go through the ECS Office (see registration form for details). The link to online registration can be found at [www.ecsforall.org](http://www.ecsforall.org).



Location	Ages/Grade	Day	Dates	Time	Class	Fee
<b>Session 1</b>						
Lone Mountain	K-4	Mon	2/4-3/18	3:35-4:35PM	6 weeks	\$80
Desert Sun	K-5	Tue	2/5-3/19	3:35-4:35PM	6 weeks	\$80
Horseshoe Trails	1-4	Wed	2/6-3/13	3:35-4:35PM	6 weeks	\$80
Desert Willow**	Ages 4-5	Wed	2/6-3/13	3:15-4:00PM	6 weeks	\$77
Desert Willow	K-5	Thur	2/7-3/14	3:35-4:35PM	6 weeks	\$80
<b>Session 2</b>						
Lone Mountain	K-4	Mon	4/1-5/13	3:35-4:35PM	7 weeks	\$93
Desert Sun	K-5	Tue	4/2-5/14	3:35-4:35PM	7 weeks	\$93
Horseshoe Trails	1-4	Wed	3/20-5/15	3:35-4:35PM	6 weeks	\$80
Desert Willow**	Ages 4-5	Wed	3/20-5/15	3:15-4:00PM	6 weeks	\$77
Desert Willow	K-5	Thur	4/4-5/16	3:35-4:35PM	7 weeks	\$93
No classes on these dates - 2/18, 2/19, 3/27, 4/3, 5/1						
**Please see the Young Rembrandts class description in the Preschool portion of the Enrichment listings.						



Young Rembrandts Drawing Classes for Children Ages 3-1/2 to 12

# THE MOST FUN

YOUR CHILD WILL HAVE WHILE LEARNING



### Students Can Expect

- A new exciting lesson every week
- Improved core art skills
- To have fun!



### Parents Can Expect

- Increased attention to detail
- Improved fine motor skills
- Discipline, persistence, & patience



### ENROLL ONLINE!

Keep the fun in learning by enrolling your child in an after-school Young Rembrandts Class located at your school.

Visit us at

[WWW.YOUNGREMBRANDTS.COM](http://WWW.YOUNGREMBRANDTS.COM)

to find a class in your area.

For information about Young Rembrandts, please contact

Letty Giddings, at 602.955.3729 or [letty.giddings@youngrembrandts.com](mailto:letty.giddings@youngrembrandts.com).



## Middle School and High School Classes



**ZAPS SAT TEST PREP 2-DAY SEMINAR** A score increase of even ten points on the SAT test can make the difference in getting accepted or getting scholarships. ZAPS test-preparation seminars are carefully designed to help each student do his or her personal best on the SAT.

Students who take the ZAPS seminar—and practice the strategies at home—typically experience score increases of 50 to 150 points on the SAT or 5 to 15 points on the PSAT. In this five-hour ZAPS seminar, students will learn:

- Strategies for using partial knowledge to eliminate wrong choices
- Tips for improving in all three subtests (Critical Reading, Math, Writing)
- Strategic ways to use limited testing time
- Take shortened practice tests that mirror the actual testing experience
- Reduce their test anxiety and gain confidence
- Receive a comprehensive Study Guide and 18 practice test workouts with detailed answer explanations

For more information about Doorway to College, please visit [www.dorwaytocollege.com](http://www.dorwaytocollege.com) or call 877-927-8378. All registrations go through ECS. Find the online registration link at [www.ecsforall.org](http://www.ecsforall.org).

Location	Grade	Day	Dates	Time	Class	Fee
Cactus Shadows	10-12	Wed/Thu	2/13-2/14	2:15-4:45PM	2 / 2.5 hour	\$109



**ZAPS ACT TEST PREP 2-DAY SEMINAR** Attention Juniors and Seniors: With a top score of 36 and the national average now at 21, a score increase of even one or two points on the ACT gives you a real advantage. ZAPS test preparation seminars are designed to help each student

do his or her personal best on the ACT. In the five-hour seminar, students will learn:

- Strategies for using partial knowledge to eliminate wrong choices
- Tips for improving in all four sub tests (English, Math, Reading and Science)
- Tactics for using limited testing time
- Take shortened practice tests that mirror the actual testing experience
- Reduce test anxiety and gain confidence
- Receive a comprehensive Study Guide and 24 practice test workouts with detailed answer explanations
- Get suggestions for individualized study in the days leading up to the test. Motivational instruction and hands-on practice will help students understand their own strengths and weaknesses

For more information about Doorway to College, please visit [www.dorwaytocollege.com](http://www.dorwaytocollege.com) or call 877-927-8378. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

Location	Grade	Day	Dates	Time	Class	Fee
Cactus Shadows	10-12	Mon/Tue	4/1-4/2	2:15-4:45PM	2 / 2.5 hour	\$109



**DRIVER'S PERMIT TEST-PREP SEMINAR** prepares teens for today's busy roadways by teaching safe-driving habits, basic fundamentals, decision-making, defensive driving skills, the rules of the road and facilitates a comprehensive practice permit test. Currently, the statistics are that 50% of students fail the Driver's Permit test the first time they take it due to lack of preparation. The goal of this class is

to prepare them fully for the test. The Single Day \$5 Registration Fee applies per class. Contact Maria Wojtczak at 480-948-1648 or [mariaaw@drivingmba.com](mailto:mariaaw@drivingmba.com) with any question about the course. For more information about Driving MBA, please visit [www.drivingmba.com](http://www.drivingmba.com). All registrations go through ECS. Find the online registration link at [www.ecsforall.org](http://www.ecsforall.org).

Location	Ages	Day	Dates	Time	Class	Fee
Cactus Shadows	15.5+ years	Mon	2/4	2:15-5:15PM	3 hours	\$41
Cactus Shadows	15.5+ years	Mon	4/22	2:15-5:15PM	3 hours	\$41



**MIDDLE SCHOOL TENTH HOUR** is a credit retrieval opportunity utilizing the online Edgenuity program. This course is for 7th and 8th grade students who are required to make up course work in Language Arts, Math, Social Science, and/or Science. **Students must**

have counselor approval to register for this course. Once registered and course fee is paid, students will receive their final grade replacement upon successful completion of a course. Students may not miss more than two classes or he/she will not be allowed to continue and will not receive credit. No refunds will be issued due to missed classes or inappropriate behavior. For more questions on **Tenth Hour**, please contact your child's counselor at STMS. All registrations go through ECS. The link to online registration can be found at [www.ecsforall.org](http://www.ecsforall.org).

Location	Grade	Days	Dates	Time	Classes	Fee
STMS Computer Lab	7-8	Tue/Thur	2/5-5/16	2:30-4:30PM	26	\$185

No classes on these dates - 2/19, 3/21, 3/26, 3/28

# Performing Arts Elementary-Adults



**Imagination Nation** (Beginner acting class) The "Imagination Nation" is a student-led, teacher-guided, project-based performing arts learning opportunity for all students in grades K-3. It is perfect for beginners to build their theatrical skill-set and experienced young performers to hone their emerging talents as well. Through theater games, interactive storytelling and imaginative, cooperative roleplaying, students will increase their vocabulary, build interactive social

skills (cooperation, self-confidence, public speaking) and have fun, all while creating a short showcase presentation to perform for parents, family and friends at the end of the last scheduled class. For more information on Desert Foothills Theater (DFT) please visit [www.dfttheater.org](http://www.dfttheater.org) or contact Tia Wooley at 480-488-1981 or [Tia@azfcf.org](mailto:Tia@azfcf.org). **Instructor: Cedric Knuth.** All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

Location	Grade	Day	Dates	Time	Class	Fee
Horseshoe Trails	K-3	Tue	1/29-4/16	3:35-4:35PM	10 weeks	\$130
Desert Sun	K-3	Wed	2/6-4/24	3:35-4:35PM	10 weeks	\$130
Lone Mountain	K-3	Thu	1/31-4/18	3:35-4:35PM	10 weeks	\$130
Desert Willow	K-3	Fri	2/1-4/26	3:35-4:35PM	10 weeks	\$130

No classes on these dates - 2/19, 3/21, 3/22, 3/26, 3/27, 3/28, 3/29, 4/3



**Reel Deal Filmmaking** The "Reel Deal" is a comprehensive study of film making that allows students to get an overall idea of what it takes to create a film. From pre-production to distribution, this class focuses on giving the students a well-rounded understanding of the intricate world of the silver screen and the business behind the making of some of our favorite films! As an introductory course, this class will teach

you about the various areas of making a film, the process of getting your movie produced, and how to get it seen by the masses! If you understand the entire process, from being a screenwriter to an actor, the better understanding you have of the entire industry and what each job entails. That's why each class consists of learning film terminology, the jobs of the cast and crew, and everything that goes into making a film from pre-production to distribution.

This Course Covers:

- Film Terminology • Producing a Film • Creating a Screenplay • Storyboarding • The Gear and the Crew • Auditioning for Film • Pre-Production • Production and Tricks of the Trade • Post Production and Editing • Screening your Film and Distribution

The most exciting part of this class is that we will be producing a short film of our own! This class will focus on teaching the basic skills to create a vision that can be turned into a collaborative and entertaining piece of art.

If students have a smart phone with video capabilities, they should bring it to class. No other equipment needed. The final day will feature the "film" created by the class. **Instructor: Dakota Kuhlman.** For more information on Desert Foothills Theater, please visit [www.dfttheater.org](http://www.dfttheater.org) or contact Tia Wooley at 480-488-1981 or [Tia@azfcf.org](mailto:Tia@azfcf.org). All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).



Location	Grade	Day	Dates	Time	Class	Fee
District Office	7-Adult	Sat	4/6-5/18	2:00-5:00PM	5 weeks	\$130

No classes on these dates - 4/20, 5/4



- Beginner & Defensive Driving Simulation Labs
- On-Road Instruction
- Classroom Instruction

Permit and license testing available



DrivingMBA.com | 480.948.1648 | Scottsdale, AZ



## Full Spectrum Performing Arts

Created specifically for students with special needs, this engaging class (4 to 1 ratio) will provide an “all access pass” for participants to develop, hone and explore their skills in music, movement, acting and creating performance pieces of their very own. Ultimately, these gifted learners will also begin using the techniques and training they learn to become more comfortable in social settings and inter-personal interactions. Our instructors, Julie Dauer Wright (M.Ed in Special Education) and Matt Pleasant, (BA in Theater) are fully trained in multiple content areas including theater, music, adaptive educational techniques and encouraging the further development of executive functioning skills. Together, they will work to create a welcoming, creative, and nurturing learning space for special needs students with developmental differences. For more information on Desert Foothills Theater (DFT) please visit [www.dfttheater.org](http://www.dfttheater.org) or contact Tia Wooley at 480-488-1981 or [Tia@azfcf.org](mailto:Tia@azfcf.org). **Instructors: Julia Wright / Matt Pleasant.** All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).



Location	Grade	Day	Dates	Time	Class	Fee
District Office	7-Adult	Sat	2/2-4/20	10:00AM-12:00PM	10 weeks	\$275
District Office	12-Adult	Sat	2/2-4/20	1:00PM-3:00PM	10 weeks	\$275
No classes on these dates - 3/23, 3/30						



## Big Top Clowning Around

Grab your clown shoes and put those red noses on; the circus is in town! “Welcome to the Big Top” is a course that focuses on teaching the fundamentals of clowning:

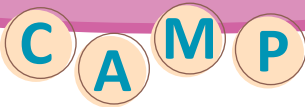
- Red Nose • Miming • Buffoonery • Character Acting • Comedic Movement

Students will develop a group clown show along with individual scenes put to music! This afterschool program not only teaches a wide array of comedic acting techniques, but problem solving, teamwork, and critical thinking skills that spark creativity and imaginative development. For more information on Desert Foothills Theater (DFT) please visit [www.dfttheater.org](http://www.dfttheater.org) or contact Tia Wooley at 480-488-1981 or [Tia@azfcf.org](mailto:Tia@azfcf.org). **Instructor: Dakota Kuhlman.** All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).



Location	Grade	Day	Dates	Time	Class	Fee
District Office	3-9	Wed	1/30-4/17	4:00PM-5:30PM	10 weeks	\$150
No classes on these dates - 3/27, 4/3						

## ECS SPRING BREAK



### Fabulous 50s

DFT and ECS are excited to present CCUSD Spring Break Musical Revue Camp: Those Fabulous 50's! This exciting experience will culminate in a staged showcase performance of music from the rockin' 1950's and early 1960's! Following the format of DFT's highly successful Summer Musical Revue Camps, Those Fabulous 50's will focus on providing every performer (ages 8 – 14) with the opportunity to bring their own gifts and talents to the surface while also developing and enhancing their skills in music and movement/dance. Instructors Bertha Ordonez-Cortes (movement) and Kevin Glenn (music) bring a wealth of experience to this exciting camp making it perfect for beginners to build their skill-set and experienced performers to hone their talents as well.



Dates: Monday March 25 - Friday March 29, 2019, 10am-4pm  
 Showcase Performance: Friday, March 29, 3:30pm  
 Ages: 8 - 14 • Location: Black Mountain • Fee: \$249  
 Instructors: Berta Ordonez-Cortez (Movement) and Kevin Glenn (Music)



## Teen and Adult Culinary Classes

**CUTLERY LESSONS** Good knife skills in the kitchen are not only important for safety but for time efficiency, and enhancing the flavor and presentation of food. This one-day workshop teaches culinary knife skills including oblique, chiffonade, dice, and julienning vegetables. These new skills will be useful for a lifetime. All knives will be supplied. A delicious lunch will also be prepared and served. **Instructor:** **Bobbie Burt.** All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

**Saturday, April 6**  
9:00AM-2:00PM  
Fee: \$45  
Grade 7 to Adult  
Cactus Shadows

**Saturday, April 13**  
9:00AM-3:00PM  
Fee: \$75  
Grade 7 to Adult  
Cactus Shadows



**MAKING CHOCOLATE BUNNIES, EGGS AND MORE** Learn highly specialized techniques to create treasured, Easter gifts for years to come. This is a unique opportunity to learn chocolate making from Ms. Burt, the former owner of Seven Sisters Sweet Shop in Scottsdale. Ms. Burt will teach students how to make hollow, Belgium chocolate rabbits with chocolate baby bunnies and candies inside. The second lesson will be learning how to make extraordinary panoramic eggs out of sugar, decorated with royal icing and other sugared ornaments. At the completion of the class, students will walk away with their own hollow rabbit with bunnies inside, a decorated keepsake panoramic egg, and the skills to make them for years to come. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).

## UNIFIED CULINARY WITH BOBBIE BURT



**The following cooking classes are designed for students with special needs to learn how to make delicious food.**

Students Grade 7 to Adult will be instructed on the secrets of correct weighing, how to use small utensils and appliances and follow recipes. They will enjoy preparing a variety of dishes, using the skills they have acquired. (Techniques will vary according to skill levels appropriate of the groups.) Students will learn sanitary food handling and personal hygiene for the kitchen. Please indicate any food allergies in the notes section of online registration. Prerequisites for these classes include the ability to work independently. For the safety of the student, these classes may not be appropriate for students that require one on one support. ECS reserves the right to admit or deny a student's enrollment based on a teacher/counselor's recommendation. General Education high school students are encouraged to apply with Bobbie Burt for volunteer teacher aide positions. For further questions on whether these classes are a good fit for your child, please contact your child's teacher, Lori DiCicco, or Bobbie Burt. All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).



### VALENTINE COOKIES, CUPCAKES AND TREATS

Students will learn how to make delicious Valentine goodies. They will enjoy preparing the treats, decorating them, and giving them to someone special, all while using the skills they have acquired.

**Saturdays, 1/19-2/9**  
9:00AM-12:00PM  
Fee: \$125  
Cactus Shadows

**Saturdays, 2/16-3/16**  
9:00AM-12:00PM  
Fee: \$155  
Cactus Shadows

### LET'S DO LUNCH!

Students will learn how to make delicious lunches they can duplicate at home. They will enjoy preparing and eating the lunches that they have made, using the skills they have acquired.



### HEALTHY SUMMER COOKING

Students will learn how to make refreshing, healthy summer dishes they can duplicate at home. They will enjoy preparing and eating a variety of dishes they have made, using the skills they have acquired.

**Saturdays, 4/27-5/18**  
9:00AM-12:00PM  
Fee: \$125  
Cactus Shadows



## Health and Wellness

### FOCUSEDFAMILY PARENT PRESENTATION

Come hear what your children can learn about their brain and how they can use mindful strategies to help them focus, pay attention, and calm themselves. FocusedFamilies is a component of the FocusedKids program taught in Cave Creeks preschools. This program is applicable for preschool through third grade children. FocusedKids is a series of easy-to-implement lessons anchored in current research on the developing brain, along with evidence-based practices for social and emotional learning. You will hear about the program and have the opportunity to sign up for the FocusedFamilies series to be offered as a 4-class session with a follow up session, which will help you learn the basics about the developing brain and strategies to cultivate self-awareness, focused attention, stress-reduction, and emotion management for your family. Information on the 4-class session can be found under "Teen-Adult" Enrichment at <https://cavecreek.ce.eleyo.com/courses/category/87/enrichment-school-year>.

#### Core concepts you will learn:

- How the developing brain impacts your child's behavior.
- Activities to promote focused attention and stress reduction using the breath, senses, and body.

#### Benefits to you:

- See new fun and simple tools to help you parent calmly and effectively.
- How you can reduce your stress, respond more calmly to difficult situations, leading to a calmer household.

#### Benefits to your children at home and at school:

They will have parents who can support them developing:

- Better self-regulation
- More ability to focus attention and stay on task
- Better relationship skills
- More effective learners
- Greater ability to respond positively to situations, rather than react negatively
- Enhanced creativity and problem solving skills



Kathy  
Hegberg,  
M.A.  
.....  
Founder,  
Executive  
Director

Location	Grade	Day	Dates	Time	Fee
District Office	Adult	Tue	2/12	6:30PM-7:30PM	\$36

### FOCUSEDFAMILY INSTRUCTIONAL CLASSES

Through a series of easy-to-implement lessons anchored in current research on the developing brain and using evidence-based practices in social and emotional learning you will gain strategies to cultivate self-awareness, focused attention, stress-reduction, and emotion management for your family.

#### Core concepts you will learn:

- How the developing brain impacts your child's behavior
- How you can influence your child's brain development
- Mindful activities to use in your home for a less stressful environment
- Recovering from meltdowns using coregulation
- Managing screen time in the home
- Activities to promote focused attention and stress reduction using the senses, the body, and the breath

#### Benefits to you:

- New fun and simple tools to help you parent calmly and effectively
- Less stress and yelling at home
- A calmer you which leads to a calmer child

#### Benefits to your child at home and at school:

- Better self-regulation
- More ability to focus attention and stay on task
- Better relationship skills
- More effective learner
- Greater ability to respond positively to situations, rather than react negatively
- Enhanced creativity and problem solving skills

Location	Grade	Day	Dates	Time	Class	Fee
District Office	Adult	Mon	2/25-3/18 + 4/22	5:30PM-6:30PM	5 weeks	\$143

# Health and Wellness

## TAI CHI & QIGONG (BEGINNER LEVEL)



Qigong is a 5,000-year-old mind-body practice, developing vital energy by integrating movement, breathing techniques and mental focus. Qigong is a series of Tai Chi movements- gentle, flowing, meditative and self-healing. Sitting or standing options are available for people of every age and physical condition. Tai Chi is a Chinese Martial Art and form of stylized, meditative exercise, slow circular and stretching movements. Combining these disciplines, create a perfect opportunity for beginners to experience the health benefits associated with Qigong and Tai Chi: increases agility, loosens muscles, improves bone density, prevents joint injury, strengthens ligaments, increases injury recovery, decreases stress, balances emotions, improves circulation, lowers

heart rate, lowers blood pressure, increases immune system, relieves migraines, improves posture, improves flexibility, and fall prevention. These benefits and the research behind them are documented in the recently released Harvard Medical School Guide to Tai Chi. The instructor, Bina Bou, is passionate about working with teachers, nurses, those working in the school district and her community. For more information, please visit [binabouchi.com](http://binabouchi.com), [mindbodyfocusQi.com](http://mindbodyfocusQi.com) or contact Bina Bou at 480-284-1300 or [binab75@gmail.com](mailto:binab75@gmail.com). All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).



Location	Grade	Day	Dates	Time	Class	Fee
<b>Session 1</b>						
District Office	Adult	Tue	2/5-3/19	4:45PM-5:45PM	6 weeks	\$95
<b>Session 2</b>						
District Office	Adult	Tue	4/2-5/7	4:45PM-5:45PM	6 weeks	\$95
No classes on these dates - 2/19						



**YOGA FOR ALL LEVELS** utilizes Yoga postures (anasas) and stretches in combination with the breath to develop flexibility and relaxation. Yoga encourages proper alignment

of the body to bring balance, strength, and calmness to the actioner. All levels welcome. Modification are offered for beginners. Please bring your own mat. For class information, please contact Sharon Lynn at [slynn@vosymca.org](mailto:slynn@vosymca.org). If you are a YMCA member, you receive a reduced Member Fee. See details below. All registrations go through ECS. The link to online registration can be found at [www.ecsforall.org](http://www.ecsforall.org).



Location	Ages	Day	Dates	Time	Classes	Member	Non-Member
<b>Session 1</b>							
District Office Campus	18+	Thur	1/31-3/14	4:45-5:45PM	7	\$61	\$89
<b>Session 2</b>							
District Office Campus	18+	Thur	4/4-5/16	4:45-5:45PM	7	\$61	\$89
No classes on these dates -							



**DANCING SUN YOGA** Enriching the lives of youth through yoga inspired movement and meditation. Classes are held at Black Mountain, Desert Sun, and Desert Willow for grades K-6. See page 11 for more information.



**MINDFULNESS & ART** Students learn mindfulness techniques as they express themselves through art. Classes are held at Desert Willow for grades K-3. See page 14 for more information.

## Health and Wellness

**RELAX AND RECHARGE WITH MEDITATION** You are invited to take a break and honor yourself. This is your hour to decompress and enjoy a guided meditation. Science has proven that Meditation improves sleep, increases pain tolerance, focus and sense of well-being; and lowers blood pressure, heart rate, stress levels and anxiety and develops your mind/body connection. Meditation is not about changing who you are, it is about training your awareness, pivoting away from distracting thoughts, and getting a healthy sense of perspective. Join us and begin to see the benefits for yourself! Chairs will be provided but you are welcome to bring a yoga mat, blanket or whatever you may need to feel most comfortable. **Instructor: Jae Geis.** All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).



Location	Grade	Day	Dates	Time	Class	Fee
<b>Session 1</b>						
District Office	Adult	Mon	2/25-3/18	6:30PM-7:30PM	4 weeks	\$53
<b>Session 2</b>						
District Office	Adult	Mon	4/8-4/29	6:30PM-7:30PM	4 weeks	\$53

### OPTIMAL PERFORMANCE SELF-DEFENSE FOR TEENS & ADULTS



"Self-Defense" is the learning of self-awareness, intelligent decision making combined with interpersonal combative skills for individuals. Learn practical and intelligent skills that promote integrity, respect, focus, discipline, self-control and improve self-confidence. These skills can also help to improve physical fitness, mental health and well-being and

possibly save a life. Over a 6-week period, this course will cover practical concepts and principles of how to apply science and psychology to real world interpersonal combative scenarios. These skills can be adapted to both men and women of all ages regardless of experience or physiology. Individuals will learn how to recognize pre-contact threat cues, fear management skills, confrontation management tactics, defensive strategies and force delivery techniques. Give yourself the opportunity to become more powerful, more aware and more confident! All registrations go through ECS. Find the link to online registration at [www.ecsforall.org](http://www.ecsforall.org).



Location	Grade	Day	Dates	Time	Class	Fee
Cactus Shadows	7-Adult	Mon	2/4-3/18	6:00-7:15PM	6 weeks	\$129
No classes on these dates - 2/18						



### 2019 Collection of Parent/Community Forums

These forums are free of charge but registration is required at <https://tinyurl.com/y9z2lcnc>.

**TEENAGE BRAIN**, presenter Cadi Angeli

January 24 @ STMS, 6:30-8:00PM

**EMOTIONAL INTELLIGENCE**, presenter Cadi Angeli

February 26 @ STMS, 6:30-8:00PM

**HOW TO TALK TO YOUR CHILDREN ABOUT THE SENSITIVE ISSUES**, presenter Barb Iversen

March 19 @ STMS, 6:30-8:00PM

**ENDING THE SILENCE: SIGNS & SYMPTOMS OF ANXIETY AND DEPRESSION**, presenter from NAMI

April 16 @ CSHS Lecture Hall, 6:30-8:00PM

**HELPING YOUTH/TEENS COPE WITH PARENT DIVORCE AND /OR REMARRIAGE**, presenter Barb Iversen

May 2 @ CSHS Lecture Hall, 6:30-8:00PM



# A Full Year of Discovery



## Discover What is New in Our ECS Programs

### Kid's Club

The Kid's Club Before and After School Program is a year round program consisting of Before and After-school care, Night Owl Evening Care, and Winter, Spring and Summer Camps. It offers quality staff, fun educational centers, socialization opportunities with friends, recreational games and homework help from certified teachers from the Cave Creek School District.

### Child's Play Preschool

We offer a choice of different curriculums to meet your child's needs. They include Spanish Immersion, Core Preschool Sequence Guidelines, World Language in either Spanish, French or Chinese, Performing Arts and the Lowell Observatory STEM Program. All preschools are located at CCUSD school sites. Before and after care are offered at select sites.

### Enrichment and Summer Programs

Academics, visual and performing arts, sports, engineering, computer coding and more are offered throughout the year and during the summer. There is something for all ages. For Enrichment details, visit [www.ecsforall.org/enrichment-programs](http://www.ecsforall.org/enrichment-programs). Online registration is available at [www.cavecreek.ce.eleyo.com](http://www.cavecreek.ce.eleyo.com).

### A.W.A.R.E. Parents and Prevention Programs

Watch for workshops and forums for students, parents and community members. Topics include drug trends, anxiety and depression, social media awareness and talking to your child about the sensitive issues.

### Special Projects

Community partnerships bring value to our schools and community members. Partnerships include collaboration with Kiwanis of Carefree, Sonoran Arts League and Scully Learning Center.

More details on each ECS program can be found at, [www.ecsforall.org](http://www.ecsforall.org). For additional information, please call the ECS Office at 480-575-2440.



Education, Enrichment, Prevention  
All Ages, All Interests, All Year